

News

FOR IMMEDIATE RELEASE

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Spectrum Health Announces New Family and Visitor Restrictions

Action in response to COVID-19 outbreak

GRAND RAPIDS, Mich., March 11, 2020 – Spectrum Health has taken additional action to help limit the spread of COVID-19 by announcing new hospital family and visitor restrictions.

The State of Michigan has its first presumed cases of COVID-19, and an official state of emergency has been declared by Governor Gretchen Whitmer. This act has heightened the concern regarding limiting the spread of the disease.

To help keep our communities and our patients healthy, effective immediately, Spectrum Health will be enforcing the following family and visitor restrictions at all of its hospitals:

- No children under the age of 12 will be allowed to visit Spectrum Health hospitals during this time for their safety.
- Visitors, including family members, will be limited to one person per patient. Two visitors will be allowed for pediatric (children under the age of 18) and maternity patients.
- Visitors and family members must be healthy and without symptoms of illness.
- Visitors and family members who have recently traveled internationally to countries that the Centers for Disease Control and Prevention include in their [COVID-19 travel warnings](#) will not be permitted to visit.

Spectrum Health continues to offer free virtual COVID-19 screenings to those who have symptoms and may be concerned they have the virus. The purpose is to prevent the spread of illness by enabling people to seek the information they need from their homes, while making it easy and convenient for them. People in the state of Michigan who are experiencing symptoms can call the health system's hotline 616.391.2380 to be scheduled for a free virtual screening. Anyone with severe or life-threatening symptoms should call 911.

Spectrum Health has posted downloadable materials, travel tips, videos and other information on its website as a means to prevent the spread of COVID-19. Community members, churches, schools, businesses and others are encouraged to visit www.spectrumhealth.org/covid19 to access the resources.

About Spectrum Health

[Spectrum Health System](#), a not-for-profit, integrated health system, is committed to improving the health and wellness of our communities. We live our mission every day with 31,000 compassionate professionals, 4,500 medical staff experts, 3,300 committed volunteers and a [health plan](#) serving 1 million members. Our talented physicians and caregivers are privileged to offer a full continuum of care and wellness services to our communities through 14 hospitals, including [Helen DeVos Children's Hospital](#), 155 ambulatory sites and telehealth offerings. We pursue health care solutions for today and tomorrow that diversify our offerings. Locally-governed and based in Grand Rapids, Michigan, our health system provided \$585 million in community benefit in fiscal year 2019. Thanks to the generosity of our communities, we received \$30 million in philanthropy in the most recent fiscal year to support research, academics, innovation and clinical care. Spectrum Health has been recognized as one of the nation's 15 Top Health Systems by Truven Health Analytics®, part of IBM Watson Health™.

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